

If you are suffering or have any of the symptoms, please do not attend work. Stay at home and contact the NHS via their web site <https://www.nhs.uk/conditions/coronavirus-covid-19/>

As recommended by the NHS do not visit your GP, pharmacy or hospital



Face Covering Guidance

As more people return to their workplace where they are unable to work from home, the Government has advised that we should wear a face-covering in enclosed spaces where strict social distancing has the potential to be compromised bringing us into contact with others that they we do not normally meet. This could be on public transport and other shared transportation vehicles, offices, stairwells or shops, for example.

Cloth face-coverings help reduce the risk of transmission in some circumstances. Whilst they are not proven to protect the wearer, they do protect against the inadvertent transmission of the disease to others if you are COVID-19 asymptomatic.

A face covering is not the same as a facemask such as the surgical masks or respirators used as part of personal protective equipment by healthcare and other workers. Face coverings should not be used by children under the age of two, or those who may find it difficult to manage them correctly, such as primary age children or those with respiratory conditions. It is important to use face coverings properly and wash your hands before putting them on and taking them off.

WEARING A FACE COVER.

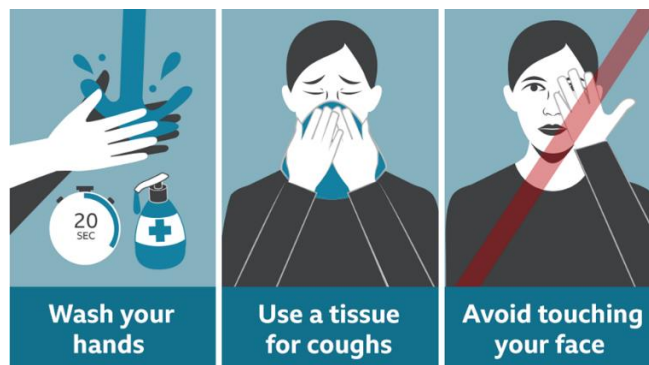
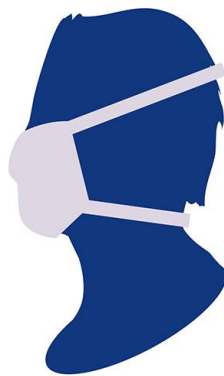
A cloth face covering should cover your mouth and nose whilst allowing you to breathe comfortably. It can be as simple as a scarf or bandana that ties behind the head. Elasticated bandanas need no ties and are comfortable to wear. You should wash your hands or use hand sanitiser before putting the cover on and after taking it off/after use. Avoid touching your eyes, nose, or mouth at all times and store used face coverings in a plastic bag until you have an opportunity to wash them.

Do not touch the front of the face covering, or the part of the face covering that has been in contact with your mouth and nose. Once removed, make sure you clean any surfaces the face

covering has touched. You should wash a face covering regularly. It can go in with other laundry, using your normal detergent.

If you do not have a suitable face covering or bandana, please contact your Fortel or SkyBlue representative.

When wearing a face covering, take care to tuck away any loose ends.



PLEASE WASH ALL YOUR PPE AS OFTEN AS POSSIBLE.